



YOUTH MENTAL HEALTH

Youth Mental Health Awareness

Parents and trusted adults play a critical role in providing the safe, stable, nurturing environments, and relationships youth need to thrive. Learn how to engage with youth on mental health topics, help them become more resilient, and address emerging mental health challenges.

**April 10
5 PM**

Sierra Bible Church
15171 Tuolumne Rd



**NotMyKid.Life
#NotMyKidTuCo**

Bob White

Bob White is the Prevention Programs/YES Partnership Director at ATCAA. The YES Partnership is a community-wide coalition founded in 1986 as a result of teen suicides in Tuolumne County. The YES Partnership's mission is to support Tuolumne County youth and families, promote resilience and prevent suicide, substance use, and child abuse. Bob has deep roots in Tuolumne County and is passionate about prevention work and elevating the youth voice to strengthen the community.



Heather Albertson

Heather has worked within the Child Support, Child Welfare, Juvenile Justice, and Education Systems, and in private practice. Heather uses a trauma informed, humanistic approach to partner with her clients to empower them to become their best selves. Heather is currently the School Site Therapist for Sonora Union High School District and provides Mental Health Services to students.

